

R O W A N



Asta

By Kim Hargreaves



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YARN

	XS	S	M	L	XL
To fit bust	81	86	91	97	102 cm
	32	34	36	38	40 in

Rowan Cotton Glace

9 10 11 11 12 x 50gm

(photographed in Excite 815)

NEEDLES

1 pair 3mm (no 11) (US 2/3) needles

1 pair 3¼mm (no 10) (US 3) needles

3mm (no 11) (US 2/3) circular needle

RIBBON - 90 cm of 3.5 cm wide double satin ribbon

TENSION

23 sts and 32 rows to 10 cm measured over stocking stitch using 3¼mm (US 3) needles.

BACK

Lower section

Cast on 96 (102: 108: 114: 120) sts using 3mm (US 2/3) needles.

Row 1 (RS): P0 (0: 1: 0: 0), K1 (0: 2: 2: 1), (P2, K2) 2 (3: 3: 4: 5) times, (P4, K3) twice, P2, (K3, P4) twice, (K3, P2) 3 times, (K3, P4) twice, K3, P2, (K3, P4) twice, (K2, P2) 2 (3: 3: 4: 5) times, K1 (0: 2: 2: 1), P0 (0: 1: 0: 0).

Row 2: K0 (0: 1: 0: 0), P1 (0: 2: 2: 1), (K2, P2) 2 (3: 3: 4: 5) times, (K4, P3) twice, K2, (P3, K4) twice, (P3, K2) 3 times, (P3, K4) twice, P3, K2, (P3, K4) twice, (P2, K2) 2 (3: 3: 4: 5) times, P1 (0: 2: 2: 1), K0 (0: 1: 0: 0).

These 2 rows form rib.

Work in rib for a further 8 rows, ending with a WS row.

Change to 3¼mm (US 3) needles.

Work in rib for a further 10 rows, ending with a WS row.

Row 21 (RS): Rib 11 (14: 17: 20: 23), P2tog, K3, P2tog, rib 12, P2tog, K3, P2tog, rib 22, P2tog, K3, P2tog, rib 12, P2tog, K3, P2tog, rib to end.

88 (94: 100: 106: 112) sts.

Keeping rib correct as set, work 19 rows, ending with a WS row.

Row 41 (RS): Rib 10 (13: 16: 19: 22), P2tog, K3, P2tog, rib 10, P2tog, K3, P2tog, rib 20, P2tog, K3, P2tog, rib 10, P2tog, K3, P2tog, rib to end.

80 (86: 92: 98: 104) sts.

Keeping rib correct as set, work 15 rows, ending with a WS row.

Cast off knitwise.

Upper section

With **WS** facing (so that ridge is formed on RS of work) and using 3¼mm (US 3) needles, pick up and knit 81 (87: 93: 99: 105) sts across cast-off edge of lower section.

Beg with a K row, work in st st for 4 rows, ending with a WS row.

Patt as folls:

Row 1 (RS): K3 (0: 3: 0: 3), *K2tog, yfwd, K4, rep from * to last 6 (3: 6: 3: 6) sts, K2tog, yfwd, K4 (1: 4: 1: 4).

Beg with a P row, work in st st for 7 rows, inc 1 st at each end of 2nd of these rows and ending with a WS row. 83 (89: 95: 101: 107) sts.

Row 9 (RS): Inc in first st, K0 (3: 0: 3: 0), *K2tog, yfwd, K4, rep from * to last 4 (7: 4: 7: 4) sts, K2tog, yfwd, K1 (4: 1: 4: 1), inc in last st.

85 (91: 97: 103: 109) sts.

Beg with a P row, work in st st for 7 rows, inc 1 st at each end of 6th of these rows and ending with a WS row. 87 (93: 99: 105: 111) sts.

Last 16 rows form patt and start side seam shaping.

Cont in patt, shaping side seams by inc 1 st at each end of 5th and every foll 6th row until there are 97 (103: 109: 115: 121) sts, taking inc sts into patt.

Work 13 (15: 15: 17: 17) rows, ending with a WS row. (Back should measure 36 (37: 37: 38: 38) cm from cast-on edge of lower section.)

Shape armholes

Keeping patt correct, cast off 3 (4: 4: 5: 5) sts at beg of next 2 rows. 91 (95: 101: 105: 111) sts.

Dec 1 st at each end of next 5 (5: 7: 7: 9) rows, then on foll 4 (5: 5: 6: 6) alt rows. 73 (75: 77: 79: 81) sts.

Cont straight until armhole measures 20 (20: 21: 21: 22) cm, ending with a WS row.

Shape shoulders and back neck

Cast off 7 (7: 7: 8) sts at beg of next 2 rows.

59 (61: 63: 65: 65) sts.

Next row (RS): Cast off 7 (7: 7: 8) sts, patt until there are 11 (11: 12: 12: 11) sts on right needle and turn, leaving rem sts on a holder.

Work each side of neck separately.

Cast off 4 sts at beg of next row.

Cast off rem 7 (7: 8: 8: 7) sts.

With RS facing, rejoin yarn to rem sts, cast off centre 23 (25: 25: 27: 27) sts, patt to end.

Complete to match first side, reversing shapings.

LEFT FRONT

Lower section

Cast on 48 (51: 54: 57: 60) sts using 3mm (US 2/3) needles.

Row 1 (RS): P0 (0: 1: 0: 0), K1 (0: 2: 2: 1), (P2, K2) 2 (3: 3: 4: 5) times, (P4, K3) twice, P2, (K3, P4) twice, K3, P2, K3, P1.

Row 2: K1, P3, K2, (P3, K4) twice, P3, K2, (P3, K4) twice, (P2, K2) 2 (3: 3: 4: 5) times, P1 (0: 2: 2: 1), K0 (0: 1: 0: 0).

These 2 rows form rib.

Work in rib for a further 8 rows, ending with a WS row.

Change to 3¼mm (US 3) needles.

Work in rib for a further 10 rows, ending with a WS row.

Row 21 (RS): Rib 11 (14: 17: 20: 23), P2tog, K3, P2tog, rib 12, P2tog, K3, P2tog, rib to end. 44 (47: 50: 53: 56) sts.

Keeping rib correct as set, work 19 rows, ending with a WS row.

Row 41 (RS): Rib 10 (13: 16: 19: 22), P2tog, K3, P2tog, rib 10, P2tog, K3, P2tog, rib to end. 40 (43: 46: 49: 52) sts.

Keeping rib correct as set, work 15 rows, ending with a WS row.

Cast off knitwise.

Upper section

With **WS** facing (so that ridge is formed on RS of work) and using 3¼mm (US 3) needles, pick up and knit 40 (43: 46: 49: 52) sts across cast-off edge of lower section.

Beg with a K row, work in st st for 4 rows, dec 1 st at end of 3rd of these rows and ending with a WS row. 39 (42: 45: 48: 51) sts.

Patt as follows:

Row 1 (RS): K3 (0: 3: 0: 3), *K2tog, yfwd, K4, rep from * to end.

Beg with a P row, work in st st for 7 rows, inc 1 st at beg of 2nd of these rows **and at same time** dec 1 st at end of 6th (4th: 6th: 4th: 4th) of these rows. 39 (42: 45: 48: 51) sts.

Row 9 (RS): Inc in first st, K0 (3: 0: 3: 0), *K2tog, yfwd, K4, rep from * to last 2 sts, K2.

40 (43: 46: 49: 52) sts.

Beg with a P row, work in st st for 7 rows, inc 1 st at beg of 6th of these rows **and at same time** dec 1 st at end of 6th (2nd: 6th: 2nd: 2nd) of these rows.

40 (43: 46: 49: 52) sts.

Last 16 rows form patt and start side seam and front slope shaping.

Cont in patt, shaping side seams by inc 1 st at beg of 5th and 4 foll 6th rows **and at same time** dec 1 st at end of 7th (3rd: 7th: next: 3rd) and every foll 8th row, taking inc sts into patt. 42 (44: 48: 50: 53) sts.

Work 13 (15: 15: 17: 17) rows, dec 1 st at end of 2nd (6th: 2nd:

4th: 6th) and foll 8th row, ending with a WS row. 40 (42: 46:

48: 51) sts. (Left front should match back to beg of armhole shaping.)

Shape armhole

Keeping patt correct, cast off 3 (4: 4: 5: 5) sts at beg of next row.

37 (38: 42: 43: 46) sts.

Work 1 row.

Dec 1 st at armhole edge of next 5 (5: 7: 7: 9) rows, then on foll 4 (5: 5: 6: 6) alt rows **and at same time** dec 1 st at front slope edge of

3rd (5th: next: next: 3rd) and every foll 8th row. 26 (26: 27: 27: 28) sts.

Dec 1 st at front slope edge **only** of 6th (6th: 8th: 6th: 6th) and every foll 8th row until 21 (21: 22: 22: 23) sts rem.

Cont straight until left front matches back to start of shoulder shaping, ending with a WS row.

Shape shoulder

Cast off 7 (7: 7: 7: 8) sts at beg of next and foll alt row.

Work 1 row.

Cast off rem 7 (7: 8: 8: 7) sts.

RIGHT FRONT

Lower section

Cast on 48 (51: 54: 57: 60) sts using 3mm (US 2/3) needles.

Row 1 (RS): P1, K3, P2, (K3, P4) twice, K3, P2, (K3, P4) twice, (K2, P2) 2 (3: 3: 4: 5) times, K1 (0: 2: 2: 1), P0 (0: 1: 0: 0).

Row 2: K0 (0: 1: 0: 0), P1 (0: 2: 2: 1), (K2, P2) 2 (3: 3: 4: 5) times,

(K4, P3) twice, K2, (P3, K4) twice, P3, K2, P3, K1.

These 2 rows form rib.

Work in rib for a further 8 rows, ending with a WS row.

Change to 3¼mm (US 3) needles.

Work in rib for a further 10 rows, ending with a WS row.

Row 21 (RS): Rib 11, P2tog, K3, P2tog, rib 12, P2tog, K3, P2tog, rib to end. 44 (47: 50: 53: 56) sts.

Keeping rib correct as set, work 19 rows, ending with a WS row.

Row 41 (RS): (Rib 10, P2tog, K3, P2tog) twice, rib to end. 40 (43: 46: 49: 52) sts.

Keeping rib correct as set, work 15 rows, ending with a WS row.

Cast off knitwise.

Upper section

With **WS** facing (so that ridge is formed on RS of work) and using 3¼mm (US 3) needles, pick up and knit 40 (43: 46: 49: 52) sts across cast-off edge of lower section.

Beg with a K row, work in st st for 4 rows, dec 1 st at beg of 3rd of these rows and ending with a WS row. 39 (42: 45: 48: 51) sts.

Patt as follows:

Row 1 (RS): K3, *K2tog, yfwd, K4, rep from * to last 6 (3: 6: 3: 6) sts, K2tog, yfwd, K4 (1: 4: 1: 4).

Beg with a P row, work in st st for 7 rows, inc 1 st at end of 2nd of these rows **and at same time** dec 1 st at beg of 6th (4th: 6th: 4th: 4th) of these rows.

39 (42: 45: 48: 51) sts.

Row 9 (RS): K5, *K2tog, yfwd, K4, rep from * to last 4 (7: 4: 7: 4) sts, K2tog, yfwd, K1 (4: 1: 4: 1), inc in last st. 40 (43: 46: 49: 52) sts.

Beg with a P row, work in st st for 7 rows, inc 1 st at end of 6th of these rows **and at same time** dec 1 st at beg of 6th (2nd: 6th:

2nd: 2nd) of these rows.

40 (43: 46: 49: 52) sts.

Last 16 rows form patt and start side seam and front slope shaping.

Complete to match left front, reversing shapings.

SLEEVES (both alike)

Lower section

Cast on 54 (54: 56: 58: 58) sts using 3mm (US 2/3) needles.

Row 1 (RS): K1 (1: 2: 3: 3), *P2, K3, rep from * to last 3 (3: 4: 5: 5) sts, P2, K1 (1: 2: 3: 3).

Row 2: P1 (1: 2: 3: 3), *K2, P3, rep from * to last 3 (3: 4: 5: 5) sts, K2, P1 (1: 2: 3: 3).

These 2 rows form rib.

Work in rib for a further 8 rows, ending with a WS row.

Change to 3¼mm (US 3) needles.

Work in rib, shaping sides by inc 1 st at each end of 5th (3rd: 3rd: 3rd: 3rd) and every foll 14th (12th: 12th: 12th: 12th) row until there are 58 (60: 62: 64: 64) sts, taking inc sts into rib.

Work a further 9 (1: 1: 1: 1) rows, ending with a WS row.

Cast off knitwise.

Upper section

With **WS** facing (so that ridge is formed on RS of work) and using 3¼mm (US 3) needles, pick up and knit 59 (61: 63: 65: 65) sts across cast-off edge of lower section.

Beg with a K row, work in st st for 6 rows, inc 1 (0: 0: 0: 0) st at each end of 3rd of these rows and ending with a WS row.

61 (61: 63: 65: 65) sts.

Patt as follows:

Row 1 (RS): K5 (5: 0: 1: 1), *K2tog, yfwd, K4, rep from * to last 8 (8: 3: 4: 4) sts, K2tog, yfwd, K6 (6: 1: 2: 2).

Beg with a P row, work in st st for 7 rows, inc 0 (1: 1: 1: 1) st at each end of 4th of these rows and ending with a WS row.

61 (63: 65: 67: 67) sts.

Row 9 (RS): K2 (3: 4: 5: 5), *K2tog, yfwd, K4, rep from * to last 5 (6: 7: 8: 8) sts, K2tog, yfwd, K3 (4: 5: 6: 6).

Beg with a P row, work in st st for 7 rows, inc 1 (0: 0: 0: 0) st at each end of 2nd of these rows and ending with a WS row.

63 (63: 65: 67: 67) sts.

Last 16 rows form patt and start sleeve shaping.

Cont in patt, shaping sides by inc 1 st at each end of 7th (next: next: next: next) and every foll 12th row to 75 (73: 79: 81: 71) sts, then on every foll - (10th: -: -: 10th) row until there are - (77: -: -: 83) sts, taking inc sts into patt.

Cont straight until sleeve measures 45 (45: 46: 46: 46) cm **from cast-on edge of lower section**, ending with a WS row.

Shape top

Keeping patt correct, cast off 3 (4: 4: 5: 5) sts at beg of next 2 rows. 69 (69: 71: 71: 73) sts.

Dec 1 st at each end of next 3 rows, then on foll alt row, then on every foll 4th row until 47 (47: 49: 49: 51) sts rem.

Work 1 row, ending with a WS row.

Dec 1 st at each end of next and every foll alt row to 43 sts, then on foll 5 rows, ending with a WS row.

Cast off rem 33 sts.

MAKING UP

PRESS

Join both shoulder seams using back stitch, or mattress stitch if preferred.

Front band

With RS facing and using 3mm (US 2/3) circular needle, starting and ending at cast-on edges, pick up and knit 42 sts up right front opening edge to top of lower section, 98 (100: 102: 104: 106) sts up right front slope to shoulder, 31 (33: 33: 35: 35) sts from back, 98 (100: 102: 104: 106) sts down left front slope to top of lower section, then 42 sts down left front opening edge. 311 (317: 321: 327: 331) sts. Beg with a P row, work in st st for 6 rows.

Cast off.

Set in sleeves using the set-in method. Cut ribbon into 2 equal lengths and attach one end of each piece to inside of front opening edge level with top of lower section.

FINISHING INSTRUCTIONS

PRESSING

After darning in all the ends, block each piece of knitting. Press each piece, except ribs, gently, using a warm iron over damp cloth. Take special care to press the edges as this will make the sewing up both easier and neater.

SEWING UP

When stitching the pieces together match the colour patterns very carefully. Use a back stitch for all main knitting seams and an edge to edge stitch for all ribs unless otherwise stated.

Join left shoulder seam using back stitch and neckband seam (where appropriate) using an edge to edge stitch.

Sleeves

Set-in sleeves: Set in sleeve easing sleeve head into armhole using back stitch, Square set-in sleeve: Set in sleeve head into armhole, the straight sides at top of sleeve to form a neat right-angle to cast off sts at armhole on back and front using back stitch.

Shallow set-in sleeves: Join cast-off sts at beg of armhole shaping to cast-off sts at start of sleeve-head shaping. Sew sleeve-head into armhole, easing in shapings.

Straight cast-off sleeve: Place centre of cast off edge of sleeve to shoulder seam. Sew in sleeve using back stitch using markers as guidelines where applicable.

Join side and sleeve seams using back stitch.

Pockets and buttons (as appropriate)

Slip stitch pocket edgings and linings into place.

Sew on buttons to correspond with buttonholes.

After sewing up, press seams and hems.

Ribbed welts and neckbands and any areas of garter stitch should not be pressed.

